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Sorting through Facts and Claims

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Oxo-biodegradable polyethylene (PE) film claims

"The technology is based on a very small amount of prodegradantadditive being introduced into the manufacturing process, thereby changing the behavior of the plastic and the rate at which it degrades. The plastic does not just fragment, but is then consumed by bacteria and fungi and therefore continues to degrade to nothing more than carbon dioxide, water and biomass with no toxic or harmful residues to soil, plants or macro-organisms".

"Designed to interact with the microorganisms present in landfills, composters, and almost everywhere in nature including oceans, lakes, and forests. These microorganism metabolize the molecular structure of the plastic breaking it down into soil".

"Combined with an oxo-biodegradable proprietary application method to produce films for bags. This product, when discarded in soil in the presence of microorganisms, moisture, and oxygen, biodegrades, decomposing into simple materials found in nature. Completely breakdown in a landfill environment in 12-24 months leaving no residue or harmful toxins and have a shelf life of 2 years".

In each of the above cases no scientific data showing carbon conversion to $\rm CO_2$ using established standard test methods is documented.

Another company claims a biodegradable plastic based on an additive technology different from the oxo-degradable additive class. Their claims reads "Plastic products with our additives at 1% levels will fully biodegrade in 9 months to 5 years wherever they are disposed like composting, or landfills under both aerobic and anaerobic conditions".

However, the graph of percent biodegradation against time in days shows the biodegradation curve reaching a plateau around 20% using a 50% additive master batch. In the final film samples, the recommended level of additive is only 1%. So the observed 20% would be even lower. However, the claim is made that *"the results of the aerobic biodegradation tests, indicate, that in time, plastics produced using the 1% additive will fully biodegrade."*

There are many more such examples of misleading claims. Several offer weight loss and other chemical evidence for the break down of the polymer into fragments. However, little or no evidence is offered that these fragments are completely consumed by the microorganisms present in the disposal environment in a reasonable defined time period. In a few cases evidence presented shows partial biodegradation, after which the biodegradation curve plateaus. However, if one obtains only 5% or 30% or even 40% biodegradation, there is serious health and environmental consequences caused by the non-degraded fragments as it moves through eco compartments as discussed later.

Fundamental Principles in Biodegradable Plastics

Microorganisms (billions of them per gram of soil) are present in the environment. Figure 1 shows a low temperature electron micrograph of a cluster of E. Coli bacteria. Designing plastics and products to be completely consumed (as food) by such microorganisms present in the disposal environment in a short time frame is a safe and environmentally responsible approach for the end-oflife of these single use, short-life disposable packaging and consumer articles. The key phrase is 'complete' – if they are not completely utilized, then these degraded fragments, which may even be invisible to the naked eye, pose serious environmental consequences.

Microorganisms utilize the carbon product to extract chemical energy for their life processes. They do so by:

- 1. breaking the material (carbohydrates, carbon product) into small molecules by secreting enzymes or the environment (temperature, humidity, sunlight) does it.
- 2. Transporting the small molecules inside the microorganisms cell.
- 3. Oxidizing the small molecules (again inside the cell) to CO_2 and water, and releasing energy that is utilized by the microorganisms for its life processes in a complex biochemical process involving participation of three metabolically interrelated processes (tricarboxylic acid cycle, electron transport, and oxidative phosphorylation).



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Unfortunately, all the focus is on demonstrating the break down or degradation of the carbon product (like weight loss, or oxidation levels) but no data on how much and in what time frame did the microorganisms present in the disposal environment consume the carbon food. This is how it gets misused and abused – by focusing only on the degradation but no data showing the utilization of the fragments by the microorganisms present in the disposal environment. Break down (decomposition) by non-biological processes or even biological processes, generates fragments that is utilized by the microorganisms, but also leaves behind fragments (and in some cases 50-80% of the original weight) which in many cases has been shown to be detrimental and toxic to the ecosystem.

This constitutes only degradation/fragmentation, and not biodegradation. As will be shown later, hydrophobic polymer fragments pose great risk to the environment, unless the degraded fragments are completely consumed as food and energy source by the microorganisms present in the disposal system in a very short period (one year) that is the degraded fragments must be completely removed from the environment by safely entering into the food chain of the microorganisms.

Measurement of Biodegradability

Microorganisms use the carbon substrates to extract chemical energy that drives their life processes by aerobic oxidation of glucose and other readily utilizable Csubstrates:

C - substrate + $6O_2 \rightarrow 6CO_2$ + $6H_2O$, ΔG^0 = - 686 kcal/mol (CH_2O)_x; x = 6

Thus, a measure of the rate and amount of CO₂ evolved in the process is a direct measure of the amount and rate of microbial utilization (biodegradation) of the C-polymer. This forms the basis for various international standards for measuring biodegradability or microbial utilization of the test polymer/plastics. Thus, one can measure the rate and extent of biodegradation or microbial utilization of the test plastic material by using it as the sole added carbon source in a test system containing a microbially rich matrix like compost in the presence of air and under optimal temperature conditions (preferably at 58°C - representing the thermophilic phase). Figure 2 shows a typical graphical output that would be obtained if one were to plot the percent carbon from the plastic that is converted to CO₂ as a function of time in days. First, a lag phase during which the microbial population adapts to the available test C-substrate. Then, the biodegradation phase during which the adapted microbial population begins to utilize the carbon substrate for its cellular life processes, as measured by the conversion of the carbon in the test material to CO₂. Finally, the output reaches a plateau when utilization of the substrate is largely complete. Standards such as ASTM D 6400 (see also D 6868), EN 13432, ISO 17088 etc. are based on this principle.

The fundamental requirements of these world-wide standards discussed above for complete biodegradation under composting conditions are:

- 1. Conversion to CO_2 , water & biomass via microbial assimilation of the test polymer material in powder, film, or granule form.
- 90% conversion of the carbon in the test polymer to CO₂. The 90% level set for biodegradation in the test accounts for a +/- 10% statistical variability of the experimental measurement; in other words, there is an expectation for demonstration of virtually complete biodegradation in the composting environment of the test.
- 3. Same rate of biodegradation as natural materials leaves, paper, grass & food scraps
- 4. Time 180 days or less; (ASTM D6400 also has the requirement that if radiolabeled polymer is used and the radiolabeled evolved CO_2 is measured then the time can be extended to 365 days).

Two further requirements are also of importance :

Disintegration - <10% of test material on 2mm sieve using the test polymer material in the shape and thickness identical to the product's final intended use - see ISO 16929 and ISO 20200.

Safety – The resultant compost should have no impacts on plants, using OECD Guide 208, Terrestrial Plants, Growth Test or similar such as PAS 100(BSI, 2002). Furthermore, regulated (heavy) metals content in the polymer material should be less than defined thresholds e.g. 50% of EPA (USA, Canada) prescribed threshold.

Need for complete biodegradability

A number of polymers in the market place are designed to be degradable, i.e. they fragment into smaller pieces and may even degrade to residues invisible to the naked eye. While it is assumed that the breakdown products will eventually biodegrade there is no data to document complete biodegradability within a reasonably short time period (e.g. a single growing season/one year). Hence hydrophobic, high surface area plastic residues may migrate into water and other compartments of the ecosystem. In a recent Science article Thompson et al. (2004) reported that plastic debris around the globe can erode (degrade) away and end up as microscopic granular or fiber-like fragments, and that these fragments have been steadily accumulating in the oceans. Their experiments show that marine animals consume microscopic bits of plastic, as seen in the digestive tract of an amphipod. The Algalita Marine Research Foundation (see www.algalita. org/pelagic_plastic.html) report that degraded plastic residues can attract and hold hydrophobic elements like PCB and DDT up to one million times background levels. The PCB's and DDT's are at background levels in soil, and diluted out so as to not pose significant risk. However, degradable plastic residues with these high surface areas

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Figure 2: Test method to measure the rate and extent of microbial utilization (biodegradation) of biodegradable plastics

concentrate these chemicals, resulting in a toxic legacy in a form that may pose risks in the environment. Japanese researchers (Mato et al., 2001) have similarly reported that PCBs, DDE, and nonylphenols (NP) can be detected in high concentrations in degraded polypropylene (PP) resin pellets collected from four Japanese coasts. This work indicates that plastic residues may act as a transport medium for toxic chemicals in the marine environment.

Therefore, designing hydrophobic polyolefin plastics, like polyethylene (PE) to be degradable, without ensuing that the degraded fragments are completely assimilated by the microbial populations in the disposal infrastructure in a short time period, has the potential to harm the environment more than if it was not made degradable. These concepts are illustrated in Figure 3 which shows that heat, moisture, sunlight and/or enzymes shorten and weaken polymer chains, resulting in fragmentation of the plastic and some cross-linking creating more intractable persistent residues. It is even possible to accelerate the breakdown of the plastics in a controlled fashion to generate these fragments, some of which could be microscopic and invisible to the naked eye. However, this degradation/fragmentation is not biodegradation per see and these degraded, hydrophobic polymer fragments pose potential risks in the environment unless they are completely assimilated by the microbial populations present in the disposal system in a relatively short period.

Summary

The take home message is very simple --

Biodegradability is an end-of-life option for single use disposable, packaging, and consumer plastics that harnesses microbes to completely utilize the carbon substrate and remove it from the environmental compartment -- entering into the microbial food chain. However, biodegradability must be defined and constrained by the following elements:





- The disposal system composting, anaerobic digestor, soil, marine.
- Time required for complete microbial utilization in the selected disposal environment - short defined time frame, and in the case of composting the time frame is defined as 180 days or less.
- Complete utilization of the substrate carbon by the microorganisms as measured by the evolved CO_2 (aerobic) and CO_2 + CH_4 (anaerobic) leaving no residues.
- Degradability, partial biodegradability, or will eventually biodegrade is not an option! - Serious health and environmental consequences can occur as documented in literature.
- Measured quantitatively by established International, and National Standard Specifications -- ASTM D6400 for composting environment, ASTM D6868 for coatings on paper substrates in composting environment, ASTM D7081 marine environment, European specification, EN13432 for compostable packaging, and International ISO 17088 for composting environment.
- If other disposal environments like landfills, anaerobic digestor, soil, and marine are specified, then data must be provided showing time required for complete biodegradation using established standardized ASTM, ISO, EN, OECD methods.
- All stakeholders should review biodegradability claims against 'data' and if necessary use a third party independent laboratory to verify and validate the data using established standardized test methods and specifications, and based on the fundamental principles and concepts outlined in this paper.

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